



2020-2021 Boca Twisters Competition Season Packet

Dear Parents and Athletes,

The staff and coaches of Boca Twister Gymnastics are very proud of how hard all of the girls have been working and are very excited about the upcoming competitive season. At Twisters, we are supporting "Go Green" and will be sending important team notices via email. Frequently, we will be directing you to our website, www.twistergymnastics.com, where you can download important forms related to competitions this season.

The continued growth of the entire Twister Girls Team Program that we are experiencing has enabled us to spread the expenses out over all team members, allowing us to maintain an overall low cost of competing. The fees and information provided in this packet specifically pertain to competitions. These competitive fees are separate from your monthly tuition payments, which are specifically for the expenses associated with the training of the athletes in the gym.

The attached **Competition Season Packet** contains the following:

1. **Participation in Meets**
2. **Explanation of Fees**
3. **Tuition vs. Competition Fees**
4. **Competition Schedules**

If there are any further questions, please email Heatherzayac@gmail.com.

Thank you for your support of the Boca Team. It is a privilege to work with such wonderful athletes!

Sincerely,

The Twister Gymnastics Organization

Participation in Meets

How many meets should my child attend?

At both Compulsory and optional levels, it is important that an athlete participate in a minimum of **three** competitions prior to State Meet. There should be multiple competitions where the girls have a chance to “get the bugs out”. The more they compete the more confident they will be on the competition floor. It takes time to get used to doing new skills on equipment that is unfamiliar, in different lighting, under pressure and in front of a crowd. Just like learning their skills and their routines, competition is learned as well. The more competitions a student attends the more opportunities they will have to “learn to compete.”

What is required to compete?

The gymnast must attend a full week of workout prior to competition to be eligible to compete at a Sanctioned Competition.

Where are the competitions?

Most of the competitions are local in Palm Beach and Broward County. However, we also offer a “special competition” each season where all the girls will have the opportunity to travel if they choose to sign up. This year’s travel competition is to The Presidential Classic at Disney’s Wide World of Sports. It’s one of the largest and most prestigious gymnastics meets in the country. This competition is a family favorite and is above and beyond a normal “in the gym” competition. The Presidential Classic will not only provide the opportunity to compete at Disney World (against girls from over 20 different states and multiple countries) in an amazing venue and exciting atmosphere, but they will also be able to view routines from some of the best gymnasts in the country if staying to watch the Level 10 Nastia Cup qualifying session.

The State and Regional Competitions are the grand finale of the season. At the State Meet the girls will have the opportunity to show how they placed against every other student their age and level in the state of Florida. Participation in the State Meet is required to move up to the next level the following season. The Regional competition is a meet that the girls can qualify for based on their results at the State competition. At the Regional Championships the girls compete against the top girls in their age group and level from Florida, Georgia, Alabama, Louisiana, Mississippi, North Carolina, South Carolina and Tennessee.

How do I know what day the meet is on?

Please note that all meets on the calendar usually have both a Saturday and Sunday date listed (in some cases a Friday and Monday date too). Team entry fees (made with a club check) are usually due 6 to 8 weeks prior to the competition date. This deadline varies based on the meet host and due to the popularity of some of the meets, as they can “fill up”, sometimes 4 or 5 months in advance. Once the meet director receives our check, (we must send one club check, since meet hosts do not accept individual personal checks) gymnasts are then assigned their competition days and times. We are completely at the mercy of the meet host and they can assign any level to any day or time slot. Usually (75% of the time), optional level gymnasts compete on Saturdays and compulsory and xcel level gymnasts compete on Sundays. However, any level can be assigned any day, including a Friday or Monday competition (this may happen once or twice a year). We will usually be notified 7-10 days prior to competition what day Twisters will be competing.

Explanation of Fees

Twister Annual Registration Fee

Twister Gymnastics assesses an annual registration fee of \$165 for L1-5 and Xcel Bronze & Silver gymnasts, and \$200 for L6-10 and Xcel Gold, Platinum and Diamond gymnasts. This fee covers:

- Team insurance fees
- Coaches registration, education and certification
- Team equipment replacement/refurbishment fund that is used specifically for team and upgrading equipment to meet competitive standards.

The Team Twister Registration fee is due annually and will be billed by October 9, 2020.

General Competition Fund

The General Competition Fund is made up of an additional:

- \$105 from each Level 1-5 and XB & XS athlete,
- \$125 from each level 6/7 and XG/XP/XD athlete,
- \$165 from each level 8-10.

This fund benefits everyone by spreading out administrative costs across the whole team. This fee helps cover the administrative costs of:

- Entering athletes in the meets and filling out competitors entry forms
- Collection and accounting of competitive expenses and fees,
- Making coaches travel arrangements.

Additionally, this fund helps defray the costs for the highest-level gymnasts that are traveling to championship meets. Instead of “burying” these fees somewhere, we prefer to disclose what the fees will be used for and present it as a way for those who will eventually be at the higher levels to support those that are currently there. This means that when your child reaches these levels, there will be funds to help support her travel to regional and national competitions throughout the country. With fewer athletes competing at the higher levels, coaching expenses are spread among fewer families.

The following meets are eligible to receive the subsidy from the fund:

Regionals for Level 6/7/8/9/10 & Xcel

The General Fund Contribution will be charged to all Team Families on November 6, 2020.

Competition Leotards & Warm-Ups

Team leotards and capris are required for every level while the team warm up jackets and bags are not required. However, the team warm up jackets and bags are the only jackets and bags allowed on the competitive floor. You can order and purchase all team attire from the front office. Items in stock will be available on a first-come, first-served basis. If we do not have what you need, we will have to place orders for future delivery. Please see the front office for any questions regarding team uniforms.

Tuition vs. Competition Fees

The Difference between Tuition and Competition Fees

Please be aware of the important distinction between tuition and competition fees/expenses. Monthly *tuition* is paid to Twister Gymnastics and this revenue is used to pay expenses associated with *your gymnast's daily training*. *Competition fees/expenses* are used to pay expenses associated with *competing* (meet entry fees, coaches' traveling expenses, etc.). Competition fees are divided into two categories, **coaches' fees & entry fees**.

Coaches Fees:

The coaches' fees are different for each level and based upon the projected coaching costs associated with each competition. These fees cover coaches' expenses such as travel, food, lodging, coaching compensation, and if necessary to cover coaches' classes & team assignments when they are away at meets.

Entry Fees

Entry fees for competitions vary from \$55-\$175 per event. The level of competition, the location and the nature of the competition (Invitational, State Championship, Regional & National competitions) are all factors in the hosts setting their entry fee. (Entry fees are set by meet hosts, not by Twisters.) All entry fees are collected by Twisters and remitted as a "lump sum" to the competition host, a minimum of 6+ weeks in advance to ensure that our team secures a space in the meet. **Entry fees are not pro-rated or refunded for missed competitions.**

"Flying" Meets (aka "Stand Alone")

Each year, there may be one or more "flying" or "stand alone" meets. These competitions might be an invitational meet (that doesn't require a qualifying score) or the Regional Championships (which does require the athlete to qualify). These competitions have travel and sightseeing opportunities for the girls along with a quality meet in a large venue. The entry fees for these meets are billed in advance, however, the coaches' fees (that cover coaches flights, hotels, rental cars, coaches' expenses, etc.) are all calculated and divided among the athletes who attend and then billed post-event.

Meets with Overnight Travel & "Stand Alone" Meets:

In 2017 SafeSport adopted new supervision policies and guidelines for minor and amateur athletes who travel for competitions. Due to these new policies, coaches are no longer able to provide overnight supervision to athletes who travel out of town for competitions. All athletes that attend a flying (or travel meet) will need to be accompanied by a parent/guardian that has been determined by the athlete's family. The supervising adult may not be a member of the coaching staff unless the gymnast is the child of the coach/staff member. A staff member/coach cannot be responsible for supervising the athletes outside of the competition floor. The coaches will meet the athletes and parents at the meet site for practice sessions (when applicable) and for competition.

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Approximately ten (10) days prior to each individual meet's "charge date," the team head coach (Heather Zayac) will send out an email about the upcoming competition. You will then have one (1) week to withdraw from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is "out of our hands" and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

2020-2021 Boca Twisters Competitive Schedule

<u>Date</u>	<u>Competition</u>	<u>Level</u>	<u>Host & Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
10/11	Meet the Team	L4 & L5	American Twisters Coconut Creek	65 + 34	99	Post Event
10/24-10/25	Fright Invite	L4 & L5	USAC Boca Twisters	129 + 59	188	9/18
12/12	In-House	All Levels	Boca Twisters	65 + 34	99	Post Event
1/22-1/24	Leyva Cup	All Levels	Leyva Gymnastics Miami Springs	TBD + 59	TBD	11/20
1/29-1/31	Sun & Surf	All Levels	Coral Springs Gymnasium	155 + 59	214	10/23
2/12-2/15	Presidential Classic	All Levels	Disney	165 + 79	244	10/16
2/26-2/28	Gasparilla	All Levels	St.Pete/Clearwater	125 + 89	214	12/4
3/5-3/7	Tim Rand Invitational	All Levels	West Palm Beach	165 + 79	244	11/13
3/12-3/14	Rock Superstar	XB/XS/XG	Fort Lauderdale	TBD + 59	TBD	1/15
3/20-3/21	L7 FL State Championships	L7	Bradenton, FL	90 + 89	179	2/19
3/26-3/28	L8 FL State Championships	L8	Orlando, FL	90 + 89	179	2/19
4/9-4/11	L6 FL State Championships	L6	USAC Coral Springs	90 + 79	169	3/12
4/16-4/18	XB/XS/XG FL State Championships	XB/XS/XG	Lakeland, FL	75 + 89	164	3/19
4/23-4/25	Florida Crown	XB/XS	USAC Boca Twisters	129 + 59	188	3/2
4/23-4/25	Level 6/7/8 Regional Championships	L6/7/8 Qualifiers	Greensboro, NC	Stand Alone*	TBD	Post Event
4/30-5/2	Xcel Regional Championships	XS & XG Qualifiers	Cartersville, GA	Stand Alone*	TBD	Post Event

Other Billing Dates to Note:

- Team Registration Fee: 10/09/20 (XB/XS and L1-5: \$165; XG/XP/XD and L6-10: \$200)
- General Fund Fee: 11/06/20 (XB/XS and L1-5: \$105; XG/XP/XD and L6/7: \$125; L8-10: \$165)